

ATLANTIC CITY LIONS HOLIDAY RUMBLE

★ YOUTH WRESTLING TOURNAMENT ★

TOURNAMENT INFORMATION



Sunday, December 6, 2026



Atlantic City High School

1400 N Albany Ave, Atlantic City, NJ 08401



START TIMES — Sunday

8:00 am: Junior, Intermediate

8:00 am: Midget, Midget Novice, Girls

12:30 pm: Bantam, Bantam Novice

12:30 pm: Tots



ENTRY FEE: \$55 per wrestler

Register online: arena.flowrestling.org



**DEADLINE: Saturday, December 5, 2026
by 4:00 pm**

No refunds. No walk-ins.



**WEIGH-INS: Saturday, December 5, 2026
5 – 7 pm**

Contact Coach Marcus for satellite weigh-ins:

Pinwrestling@yahoo.com



ADMISSION:

Adults (including coaches): \$10

Children 12 & under: \$5

Children under 5: Free



**Team discount for
more than 15 admissions**



350-wrestler limit

RULES & ADDITIONAL INFORMATION

- Headgear and singlets are mandatory.
- Efforts will be made to separate teammates within the same bracket.
- Scale on site for weight challenges.
- All participants must provide proof of age if challenged, including the person issuing the challenge.
- Modified NJSIAA wrestling regulations.
- Bout lengths:
 - Tots, Bantam, Bantam Novice, Girls: 1–1–1
 - Midget, Midget Novice, Junior, Intermediate: 1–1.5–1.5
 - OT: 1 min SD / :30 / :30 / UB
- Large 16-man brackets when possible.
- Double elimination. Wrestle back to 3rd place.

EXTRAS & CONTACT



Cafeteria
open all day.



Clothing, wrestling gear,
vendors and photographer
on site.



50/50
Raffle



Tournament director reserves the right
to combine, change or add weight classes as needed.



Questions: Pinwrestling@yahoo.com



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AWARDS

TEAM TROPHY



TEAM TROPHY



CUSTOM MEDALS



Each weight class:

- 1st place: Custom belt
- 2nd & 3rd place: Custom medal
- 1st, 2nd & 3rd place team points
- Team trophy

DIVISIONS & WEIGHT CLASSES

Tots	Born 2020 & after 35, 40, 44, 48, 52, 55, 60, 65, 70 Hwt
Bantam Novice	Born 2018 & 2019 45, 50, 54, 58, 62, 66, 70, 75, 80, 85 Hwt
Bantam	Born 2018 & 2019 45, 50, 54, 58, 62, 66, 70, 75, 80, 85 Hwt
Midget Novice	Born 2016 & 2017 Madison System
Midget	Born 2016 & 2017 50, 55, 60, 64, 68, 72, 76, 80, 85, 90, 100 Hwt
Junior	Born 2014 & 2015 65, 70, 75, 80, 85, 90, 100, 107, 115, 125, 135, 145, Hwt
Intermediate	Born 2012 & 2013 70, 75, 80, 85, 90, 95, 100, 107, 115, 125, 135, 150, Hwt
Girls (K – 2nd Grade)	Madison
Girls (3rd – 5th Grade)	Madison
Girls (6th – 8th Grade)	Madison

Bantam & Midget Novice = Wrestlers with two years or less experience

SCAN HERE TO REGISTER

